

Individual Waiver and Indemnity

(1) I want to participate in (name of the Trip) to (brief description of the Activities) organised by the Navigators from (dates)

(2) I acknowledge that the Trip and some of its Activities are by nature inherently dangerous.

(3) I agree to comply with all rules and warnings made by any employees, representatives, officers, volunteers or agents of the Navigators with respect to the Trip and its Activities and to follow their instructions and directions.

(4) I certify that I am physically fit and have no medical condition that would make participation in the Trip and its Activities more hazardous. If I am pregnant, disabled in any way or have recently suffered an illness, injury or impairment, I should have or did consult a physician before participating in the Trip.

(5) I agree not to use any medicines or substances that will inhibit my mental or physical ability to safely and effectively participate in the Trip and the Activities.

(6) I understand that the Navigators is committed to conducting the Trip and its Activities in a safe manner and holds the safety of participants in the highest regard and that the Navigators' attempts to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety.

(7) I am solely responsible for determining if I am physically fit and/or sufficiently skilled for the Trip and each Activity.

(8) I recognise and acknowledge that there are risks of physical injury to participants in the Trip and its Activities, and I freely and voluntarily agree to assume the full risk of any and all injuries that I may sustain as a result of participation in the Trip and its Activities.

(9) Except where such a claim arises as a result of the negligent acts or omissions of the Navigators, I assume all risks and hazards incidental to such participation in the Trip and its Activities, and I waive all claims against and indemnify the Navigators, its officers, employees, agents and representatives, in respect of any injury or loss and from any and all claims arising out of or connected with my participation in the Trip and its Activities.

(10) Except where such a claim arises as a result of the negligent acts or omissions of the Navigators, I agree to release, and not make any claim against the Navigators arising as a result of, or in connection with, my participation in the Trip and its Activities. I agree to indemnify the Navigators, its past and present employees, officers, representatives, volunteers and agents from any and all third party claims caused in whole or in part by my negligent or intentional acts or omissions.

(11) I consent to medical care and transportation in order to obtain treatment in the event of injury to me during the Trip, as Navigator staff members and group leaders may deem appropriate.

(12) I understand that this document extends to any liability arising out of or in any way connected with the medical treatment and transportation provided in the event of an emergency and/or injury to me.

(13) I acknowledge that I have read and fully understood the important information above and agree to the terms of this document.

Consent of participant over the age of 18 years.

FULL NAME:

SIGNATURE:

DATE: